

# PAD THAI - SHOPPING LIST

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## PANTRY ITEMS

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- Thai rice noodles - 350g
- Canola oil - 4 tbsp
- Chopped Sweet preserved radish - 30g
- Dried Shrimps - 15g
- Chilli flakes - ½ tsp
- Tamarind paste - 25g
- Palm sugar - 100g
- Fish sauce - 85g
- Roasted Peanuts - 2 tbsp (optional)



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## FRESH PRODUCE

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- Lime - 1
- Eschalot (French shallot) - 1-2 (depending on size)
- Chinese chives - 5 sprigs
- Bean sprouts - 80g
- Firm Tofu - 60g
- Eggs - 2
- Small fresh Chilli - 1 (to taste - optional)

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## MEAT

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- Chicken Thigh - 1 (about 130g)

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## VEGETARIAN OPTION

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- Garlic clove - 1
- Firm Tofu - an extra 60g

**(serves 2)**

