







# **Coconut Strawberry Truffles**

#### **INGREDIENTS**

## **Filling**

- 95g Desiccated coconut
- 95g Frozen strawberries (or your choice of berry)
- 1 Tsp Vanilla
- 4 Tbsp Maple Syrup

### Coating

- 130g Dark chocolate
- 1.5 tsp Coconut oil



Serves: 8-10 Truffles

Prep Time: 10 min



Resting Time: 10 min



## **METHOD**

- 1. In a blender, place strawberries, maple syrup & vanilla. Blend until combined and smooth.
- 2. Add in desiccated coconut and blend until just combined.
- 3. Using your hands, form the mixture into 8-10 balls. Rest in the fridge to firm up.
- 4. In the meantime, melt the chocolate with the coconut oil in the microwave (approx 60 sec).
- 5. Coat each truffle with the chocolate and place in the fridge to rest for at least 10 mins, before enjoying.













